

PROCLAMATION

“National Recovery Month”

WHEREAS, recovery from mental and substance use disorders, including co-occurring disorders is an essential part of health and one’s overall wellness; and

WHEREAS, treatment and recovery services for mental and substance use disorders and co-occurring disorders is effective, and people can and do recover in our area and around the nation; and

WHEREAS, addressing and overcoming mental and substance use disorders and co-occurring disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

WHEREAS, we must encourage relatives and friends of people with mental and substance use disorders and co-occurring disorders to implement preventive measures, recognize the signs of a problem, and encourage those in need of help to seek appropriate treatment and recovery support services; and

WHEREAS, an estimated 8.5 million U.S. adults 18 or older are affected by these conditions; and

WHEREAS, to help more people with lived experience achieve and sustain recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), and the State of New Jersey, Township of Plumsted, County of Ocean and the Plumsted Township Municipal Alliance invite all residents of Plumsted Township to participate in National Recovery Month; and

NOW, THEREFORE BE IT PROCLAIMED, that the Mayor and Township Committee of the Township of Plumsted, County of Ocean, State of New Jersey do hereby proclaim September, as **National Recover Month** in Township of Plumsted, and call upon the people of Plumsted to observe this month with appropriate programs, activities, and ceremonies to support this year’s **Recovery Month** theme, Join the Voices for Recovery: Together We Are Stronger and to celebrate the 30th anniversary of the **Recovery Month** observance.

Jack A. Trotta, Mayor

Eric A. Sorchik, Deputy Mayor

Leonard A. Grilletto, Committeeman

Vincent Lotito, Committeeman

Herb Marinari, Committeeman



**NATIONAL
RECOVERY
MONTH 2019**
30th Anniversary